

Kidney Health

The function of the kidneys is to maintain healthy blood composition and homeostasis. It accomplishes this by continually filtering the blood through its network of nephrons, glomeruli, and tubules. During this filtering process, regulation of blood volume and blood chemistry takes place as well as the production of urine, which is stored in the bladder. The kidneys have three key functions directly related to maintaining healthy blood composition:

- 1) elimination of metabolic wastes, toxins, and drugs
- 2) maintenance of fluid balance and electrolytes
- 3) acid-base balance (pH)

The constant filtration of the blood and elimination of wastes in the urine is essential to the body's homeostasis and health.

Protocol: Option I		
TPP Digest	1 cap	with every meal or snack
TPP Protease	1-2 caps	2xday between meals
TPP Probiotic	2 caps	at bedtime
K-Drain	20 drops	3-4xday with water

Protocol: Option II		
gentler formulas for sensitive patients		
DigestZyme	2 caps	with every meal or snack
PureZyme	2 caps	2xday between meals
Plantadophilus	3 caps	at bedtime
K-Drain	20 drops	3-4xday with water

Additional Support		
may be added as needed		
TPP Protease	1 cap	with meals to ensure protein digestion
PureZyme	2 caps	with meals to ensure protein digestion

*Formulas in Options I and II are interchangeable. We suggest starting with the minimum dosage, then more may be taken based on individual needs. Following a balanced diet & exercise plan according to Body Type is also recommended.

Clinical Applications

- Decreased Kidney Function
- Elevated BUN and Creatinine
- Fluid Retention
- Increased Acidity
- Toxicity
- Concentrated Urine

The intent of this protocol is to provide nutritional support to help bring your patient into balance. The goal of enzyme therapy is to reinforce nutrient bio-availability ensuring the proper digestion and elimination of proteins, improve blood circulation supporting timely elimination of toxins, and to maintain pH balance, cellular vitality, and overall wellness.

Disclaimer: This statement has not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease. Our goal is to make nutritional recommendations that assist individuals to find a healthy balance.