



GETTING STARTED WITH ENZYMES

The Importance of Nutrient Acquisition

People are continuously being advised to take various supplements, herbs, and vitamins or to eat a certain diet in order to improve health. And yet no focus is placed on ensuring that whatever is being taken is also being digested and absorbed. The assumption is made, even by nutrition experts, that we all digest equally and completely. However, we know that this is not the case. As a leading nutritional company, Transformation Enzyme Corporation therefore has its core scientific and clinical wellness philosophy based on three intricate physio-biochemical needs. Our starting point is simple: support digestion, improve circulation, and facilitate the elimination of waste.



As
Easy As
1,2,3

1. Ensure the proper digestion of proteins, carbohydrates, and fats necessary for the body to sustain health and vitality.
2. Ensure adequate blood circulation for proper transport of nutrients, hormones, white blood cells, etc. and for the timely removal of wastes.
3. Maintain a good microflora within the GI tract, which is an integral part of the body's biochemical and homeostasis basis.

Our belief is simple. Give the body the nutrients it needs, clear away the waste, and allow the body to manage its resources. We call this "The Basics" because, no matter the health condition, this is where you start.

- ✓ With each meal, take 1-2 *TPP Digest* OR 3-5 *DigestZyme*
- ✓ Between meals, take 1-2 *TPP Protease* OR 3-5 *PureZyme*
- ✓ At bedtime, take 2 *TPP Probiotic* OR 3 *Plantadophilus*

The above box provides general recommendations for how to use these three core products. Keep in mind that everyone is an individual and they may need more or less of the recommended dosages. Also please note that the *TPP* products have a higher activity than the *Enzyme Fortifiers* line (those that end in "-Zyme"). The *Enzyme Fortifiers* are generally more soothing and work well for more sensitive individuals and for children. Please feel free to contact Technical Services for more specific information regarding the use and administration of these core products.

This set of three main products constitutes the foundation of Transformation's approach to health and wellness. This starting point works for any modality. You, the health care professional with your area of expertise, can then determine if additional support is needed. Other Transformation support products may be needed for complicated conditions. Please contact our Technical Services department for questions regarding other protocols.

Transformation provides a variety of products to support nutrient acquisition.

Step
1

Complete Nutrient

Digestion

These digestive formulas promote optimum digestion, nutrient availability, and relieve food intolerances.



TPP Digest - the most comprehensive digestive formula, especially high in lipase for cholesterol/triglyceride control; also good for acid reflux

DigestZyme - for more sensitive individuals or those experiencing nausea, diarrhea, and gallbladder difficulties

Powdered DigestZyme - for those unable to swallow capsules, such as children or pets

Step
2

Proper Blood

Circulation

These proteolytic formulas promote circulation, immune modulation, and detoxification while supporting the liver and kidneys.



TPP Protease - for chronic conditions and abnormal immune function; strongest, most effective, and most versatile protease blend available

TPP Protease 375K - for those persons sensitive to bromelain or papain

PureZyme - for those persons sensitive to bromelain or papain and have a more sensitive GI tract, such as IBS or Chron's sufferers

Step
3

Good Microflora and

Elimination

These probiotic formulas replenish and maintain healthy intestinal flora while improving the health of the colon.



TPP Probiotic - for long term antibiotic use and dysbiosis

Plantadophilus - for lower GI stress (diarrhea, gastritis, IBS, constipation, etc.) and is also very soothing and healing for oral application